

FAIR LAWN SUNRISE ROTARY



**2022
Grand Prix**

PRESENTS 1ST DAY 5K Run

& 1 MILE FUN WALK

To Benefit Rotary Charities
&

The Rotary Gift of Life
USATF-NJ Certification # NJ13537JHP
USATF-NJ Points Awarded

www.1stDay5K.org



USATF
NEW JERSEY

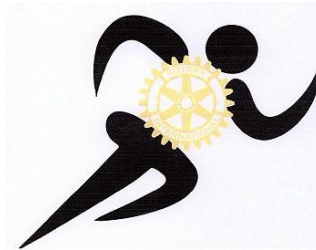
500 Point Event

Where:

January 1, 2022
Memorial Middle School
12-00 1st St., Fair Lawn, NJ

Schedule of Events:

9:30 am— Check In
10:45 am—Runner Briefing
11:00 am—Run Begins
11:05 am—1 Mile Fun Walk Begins
12:00 pm— Awards & Raffles



For more information:

Contact: TonyVillano@201-797-4590

Email: AJMVillano@optimum.net

Please mail Entry form and Check to:

Tony Villano C/O Fair Lawn Sunrise Rotary
PO Box 112, Fair Lawn, NJ 07410

Make Check Payable To: Fair Lawn Sunrise Rotary

This event uses an indoor facility. Current recommended
Covid-19 protocols will be in effect.

Entry Fees:

Pre-Registration—\$27
USATF-NJ Members Pre Reg.—\$24
Children under 18-- \$20
Day of Race: Adults/Children: \$30 / \$22
2 Adults w/Minor Children - \$74

Amenities:

T-Shirts – While Supplies Last *
Guaranteed to Entries Received by 12/9
Race Packets
Post-race refreshments
Plenty of Parking
Rest Room Facilities
Locker Room

Medals for top 3 in each of the following groups

14 & Under	25-29	40-44	55-59	70-74	85 +
15-18	30-34	45-49	60-64	75-79	
19-24	35-39	50-54	65-69	80 -84	

Entry Form: PRE-REGISTRATIONS MUST BE RECEIVED BY DECEMBER 30, 2021

Last Name: _____ First Name: _____

Street Address _____ Email: _____

City: _____ State: _____ Zip: _____ Running Club _____

Phone: _____ Date of Birth: _____ Age: _____ Sex: **M / F**

Please Circle Event: **5K Run Grand Prix Event or 1 Mile Fun Walk**

* T-Shirt Size: **S M L XL (size not guaranteed)** USATF-NJ '22 # _____

In consideration of this entry being accepted, I hereby for Heirs, executors, administrators, and myself waive any claim that I may have against the Fair Lawn Sunrise Rotary and the Borough of Fair Lawn, Fair Lawn Volunteer Ambulance Corps, Fair Lawn Police Dept, or their representatives, successors, or assignees for any injuries that may be suffered by me in this event. I do hereby certify that I am in physical condition for this event.

Signature: _____ Parent Signature (if under 18): _____ Date: _____

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